

SexBytes: Online Realities & Cybersexuality



sExploration 2025



Sexual issues can be as difficult for clinicians to address as they are for clients to share. While it is easy for them to go unrecognized, they are present across the lifespan. The annual **sExploration** series are designed by PASD as catalysts for discussions on integrating sexuality issues into all levels of our work: assessment, consultation, research, clinical practice, and teaching.

“Sex is not just about bodies, it’s about souls meeting in the night.”

— Unattributed

The internet has revolutionized not just how we communicate, but also how we express and experience sexuality. Online communities have become pivotal spaces for exploring desires once considered taboo, blurring the lines between digital and tangible realities through virtual reality, augmented reality, and artificial companionship. These advancements are reshaping relationship expectations and daily interactions—empowering individuals to embrace their sexual identities while also emboldening some to impose their beliefs onto others. As mental health professionals, we are uniquely positioned to navigate these complexities.

sExploration 2025 delves into how online spaces influence sexuality and relationships across the lifespan, examining the evolution of pornography in the Internet age, the impact of AI tools, and strategies for counseling patients on negotiating the mingling of digital and real-world sexual experiences. Join us to explore the intersection of technology & sexuality and equip yourself to support clients in this ever-evolving landscape.

SCHEDULE OVERVIEW

All presentations & discussions will be held from **12:00 – 12:50 pm CDT.**

DATE	DAY	Topic	Location
March.10	Monday	Gallery Display opens	535
March.12	Wednesday	sExchanges Salon	515
March.17	Monday	Queer Collective: Sexual Diversity Online Discussion	515
March.18	Tuesday	Poster Fair opens	5th Floor Hallway
March.19	Wednesday	AI, Intimacy & Clinical Implications: A Case Discussion	515
March.24	Monday	The Rise of Digital Reactionaries & Their Impact on Relationships	515
March.25	Tuesday	The Digital Revolution in Personal Relationships	324
March.26	Wednesday	Poster Fair Presentations	5th Floor Hallway
March.27	Thursday	Online Dating Issues for Clinicians: Group Discussion	324

Our website and programs may be accessed through this code:



PARTICIPATE!

Artistic Musings on Virtual Sex & Sexuality

Room 535 Gallery

As a part of sExploration 2025, PASD is proud to present a collection of works by local queer artists inspired by the intersections of sexuality, self-discovery, and the digital age. Each piece is accompanied by an artist's statement. The gallery includes a space for participants to share their thoughts, feelings and/or their artistic musings about the work displayed.

Display Curator: Lauren Scott, B.A. is in her first year of the Clinical PsyD program. She graduated from Brandeis University with a B.A. In Health: Science, Society, and Policy in 2022. Lauren has a background in leading support groups for LGBTQ+ youth and aspires to continue working with Queer adolescents and young adults in her professional career.

Presented in collaboration with the Office of Community Partnerships.

PRESENTATIONS & DISCUSSIONS

sExchanges Salon

Wednesday, March 12th ROOM 515

FREE pizza!

Inaugural meeting! Be here for PASD's first monthly *salon*. This term references "a fashionable assemblage of notables" for the exchange of ideas (Meriam-Webster). We will have a free-ranging discussion on the potential uses of AI to increase sexual literacy. **Host:** Braden Berkey, PsyD, CSE

Queer Gathering: Sexual Diversity Online

FREE pizza!

Monday, March 17th Room 515

The Chicago campus's weekly LGBTQ+ & allies gathering will explore how social media and online platforms hold space for, shape and influence perceptions of gender and sexuality diversity. We will also explore how the sociopolitical environment has changed life online for queer folks. **Moderator:** Lynette Lewis, B.A. is a first-year student in the Clinical PsyD program. She completed her undergraduate work at the University of Illinois at Chicago in 2023. Lynette is passionate about continuing her education and professional work with a focus on Complex PTSD, sexual trauma, and obsessive-compulsive disorder.

2025 Poster Display

Monday March 18th to Monday, March 31st 5th floor Hallway

Posters will be on display in the 5th floor hallway. Please stop by and take a look. Poster authors will discuss their results on Wednesday, March 26th. **Poster Coordinator:** Alex Mills, B.A. is currently a first-year Clinical PsyD Program. She has clinical interests in the LGBTQIA+ population, trauma, and how the two intersect.

Discussion: The Implications of AI on Human Intimacy

FREE pizza!

Wednesday, March 19th Room 515

In this interactive session, we will reflect on a case that illustrates the multifaceted ways that AI can both support and complicate human emotional experiences, highlighting issues such as the authenticity paradox, emotional dependency, and anticipated shifts in interpersonal dynamics. Participants will gain a deeper understanding of how emerging technologies are reshaping our notions of connection and to inspire critical reflections on balancing technological benefits with genuine

human interaction. **Presenter:** Jon D. Sussman earned his M.S. in Healthcare Delivery with Honors from Mayo Clinic/ASU and his B.S. in Neuroscience from The University of Chicago. Jon clinical interests focus on sexual health and its impact on patient care, with research contributions in transgender healthcare curriculum development and opioid prescribing patterns.

From Incels to Tradwives:

The Rise of Digital Reactionaries and Their Impact On Modern Relationships

Monday, March 24th Room 515 **FREE pizza!**

Who are incels? What is a “tradwife”? What does this mean for dating in 2025? This presentation will explore the rise of conservative identities online, a societal shift in gender roles and expectations, and how online subcultures impact real-life expectations in romantic and sexual relationships. **Presenters:** Lauren Scott, B.A. & Lynette Lewis, B.A.

Algorithmic Intimacy: The Digital Revolution in Personal Relationships Book Discussion

Tuesday, March 25th Room 324 **FREE snacks!**

How are predictive algorithms changing our tastes. Social connections, and intimate relationships? We invite you to a discussion centered on the work of Anthony Elliott in *Algorithmic Intimacy: The Digital Revolution in Personal Relationships*. Participants will explore the accelerating impact of artificial intelligence on personal connections, including dating websites, social media networks, virtual companions, and internet matchmaking services. We'll explore how machine intelligence is reconfiguring intimacy, the ethical issues it raises, and what this means for human relationships in the future. Whether you're familiar with the book or not this will be an engaging discussion. **Moderator:** Jasmin Chamberlain, B.S. is pursuing a Psy.D. in Clinical Psychology. She completed her undergraduate degree in Psychology and Political Science at the University of Illinois at Urbana-Champaign in 2024. Jasmin's research and clinical interests involve the interplay of political and psychological factors.

2025 Poster Fair Presentations

Wednesday, March 26th 5th Floor Hallway

Poster authors will be present to describe and discuss their work from 12-1 pm. **FREE pizza & snacks!**

Entries listed alphabetically by lead author.

Fat, Fetishized, or Forgotten? The Representation of Fat Bodies in Pornography

Amanda Bressler, M.A.

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Fat bodies in pornography exist at the intersection of fetishization and invisibility, reflecting broader societal attitudes toward desirability and sexuality. This poster examines the literature on how fat individuals are portrayed in adult content, the implications of these depictions for body image and self-perception, and the role of online spaces in shaping fat sexual representation. It explores the contrast between mainstream erasure and niche categorization, the impact of porn consumption on desirability politics, and the intersectionality of fatness with gender, race, and queerness. Additionally, the review considers the psychological and therapeutic implications for individuals navigating self-perception and intimacy in a media landscape that often marginalizes fat bodies. As digital spaces continue to evolve, this work highlights the importance of expanding representation beyond fetishization and toward affirming, diverse portrayals of fat sexuality.

The Impact of Deep Fakes and Sexualized Misinformation on Politics, Privacy, and Trust

Jasmin Chamberlain, B.S.

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This presentation discusses the concerning expansion of deep fake technology and how it has contributed significantly to the spread of sexualized misinformation, especially in political and public spheres. Through advancements in artificial intelligence, malicious actors are now adopting deep fakes as a tool for manipulating public opinion, destroying individual reputations, and undermining trust in democratic institutions. From the vantage point of legal action, ethical considerations, and societal consequences, this poster presents how deep fake disinformation has a disproportionate influence

on marginalized communities, with a particular focus on women in politics and activism. Drawing from interdisciplinary research, it also provides solutions to mitigate harm through policy interventions, technological innovation, and civic education. As digital deception continues to advance, it is critical to counter these threats to safeguard privacy, integrity, and democratic discourse.

Beyond the Bans: Resilience in the Face of Legislative Hostility for Non-Binary Adults

Jocelyn Cohen, M.A.

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This poster will present the results of a dissertation study that explores the lived experiences of non-binary (NB) adults within the current socio-political climate (from 2016 to 2024), with a focus on resilience. This is a qualitative study that uses Interpretative Phenomenological Analysis (IPA). The study examines how NB individuals navigate the increasing visibility of gender diversity alongside legislative efforts that restrict their rights. Grounded in the Minority Stress Model, the research investigates both distal (external discrimination, policy restrictions) and proximal (internalized stigma, identity concealment) stressors, while highlighting the community's adaptive strategies and resilience. Semi-structured interviews with NB adults provide insight into their gender journeys, sources of support, and experiences with community, visibility and legal barriers. By centering NB voices, this study offers a nuanced perspective on both the challenges and strengths of this community, aiming to inform clinical practice, policy advocacy, and social change initiatives that promote well-being and inclusivity.

House and Ballroom Culture:

A Culturally Responsive Mental Health Intervention for MSM Living with HIV in the Southern U.S.

Natalie Dolan, M.S.

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This presentation explores house and ballroom culture as a culturally responsive intervention for men who have sex with men (MSM) living with HIV in the southern United States. It highlights the unique mental health challenges faced by this population, particularly BIPOC individuals navigating multiple layers of minority stress. Clinical psychologists must understand these intersecting identities and integrate affirmative, sex-positive approaches to care. By recognizing the protective benefits of house and ballroom culture—such as community support, identity affirmation, and resilience—mental health providers can deliver more inclusive, culturally competent, and effective treatment.

Racial Discrimination within Online Dating

Lily Kyriakides-Crowe, B.A.

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As the use of online dating platforms to find a romantic partner increases among American singles, some scholars wonder whether dating sites will decrease racial barriers that limit in-person dating and marriage markets. Freed from discrimination rooted in legalized segregation, virtual dating venues should provide increased opportunities for people of color to find matches. However, ethnoracial discrimination permeates online dating platforms, thus disadvantaging people of racial and ethnic minorities through limited potential matches and explicit acts of racism. This digital-sexual racism functions, in part, by the lack of accountability of disguising prejudicial stereotypes as personal preferences. The filters offered by online dating platforms perpetuate White heteronormative beauty standards, and result in a limitation of people of color's dating prospects and may further negatively impact their mental and physical health.

Navigating Online Dating for Autistic Individuals: Benefits, Challenges, and Safety Consideration

Jaime Langosch, LPC

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This poster explores the benefits, challenges, and safety considerations of online dating for autistic individuals. It reviews literature on how digital platforms offer structured communication, reduced social pressure, and greater control over interactions. Challenges such as difficulties with social cues, navigating dating norms, and risks of exploitation are also examined. Additionally, the poster highlights safety concerns and strategies for mitigating risks, emphasizing the need for neurodivergent-friendly platforms and further research on long-term relationship outcomes. These findings provide insights for mental health professionals supporting autistic individuals in online dating.

Digital Masculinity and Feminine Submission:

The Intersection of Incel Ideology and the Trad Wife Movement in the Online Sphere

Lynette Maritza Lewis, B.A.

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I want to investigate the ideological intersection between incel communities and the trad wife movement, two seemingly distinct but interconnected subcultures that have gained popularity in recent years. Both movements revolve around rigid, often

reactionary views on gender roles—incels driven by frustration and resentment towards women and societal expectations of male sexual success. In contrast, the trad wife movement advocates for a return to traditional femininity, emphasizing female submission and domesticity. I will explore how these two spaces, though different in their outward goals, share common themes such as patriarchal values, anti-feminism, and the idealization of pre-modern gender roles. It will also delve into the cultural and political that contribute to the rise of these movements, focusing on their influence on gender dynamics and their broader implications for contemporary discussions around sexuality, relationships, and power structures.

Bridging the Distance: Technology's Impact on Intimacy in Long Distance Relationships

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Advancements in technology have transformed long-distance relationships, enabling couples to maintain intimacy and connection despite physical separation. Video calls, sexting, long-distance sexual toys, Snapchat, and virtual reality tools have introduced dynamic ways for couples to engage to bridge emotional and physical gaps. These innovations transform the way intimacy is expressed and experienced, fostering closeness and connection through immersive experiences. As reliance on technology for intimacy increases, this presentation seeks to explore how individuals sustain emotional and physical closeness despite geographic separation. However, it also introduces new challenges including concerns about privacy, emotional dependency, and potential for miscommunication. By analyzing both the advantages and drawbacks of sexual connection using technology, it provides important implications for mental health professionals supporting clients and couples who rely on digital tools to maintain their relationships.

Online Communities for Non-Offending Pedophiles: Balancing Stigma, Ethics, and Clinical Considerations

Samantha Myers, B. Arts Sc.

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Pedophilia is a pattern of persistent and recurrent sexual attraction to prepubescent children. Highly stigmatized and frequently misunderstood, experiencing pedophilic urges does not inherently mean an individual will commit offenses. A subset of individuals, known as non-offending pedophiles, actively refrain from acting on their desires due to ethical, moral, and legal concerns. However, these individuals encounter significant barriers to seeking support due to widespread stigma and fear of social and legal consequences. As a result, online communities have emerged as judgment-free spaces for emotional support, discussing personal experiences, and sharing coping strategies. However, these digital spaces face intense societal backlash, raising concerns regarding harm reduction, reinforcement effects, and public safety. This presentation examines the benefits and risks of these platforms and the ethical dilemmas clinicians encounter when working with this population. By addressing these complexities, ethical, stigma-free approaches to support can be developed, prioritizing both individual well-being and public safety.

Virtually Healed: The Future of Exposure Therapy in a Digital World

Alex Mills, B.A.

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I am examining the relationship between virtual reality and trauma. Specifically focusing on how virtual reality can be used as a tool during exposure therapy for treatment of Post-Traumatic Stress Disorder (PTSD). This allows for a recreation of traumatic environments within a controlled setting in which the therapist is able to help patients confront and process their trauma while the client is aware they are in a safe environment to do so. The approach of using VR in exposure therapy reduces the likelihood of re-traumatization, allows for perception changes leading to an increased understanding of recovery techniques, and encompasses a trauma informed approach to managing PTSD. This approach can benefit may struggling with PTSD, but specifically involving PTSD resulting from sexual assault traumas. This approach allows these individuals to build confidence and face challenging scenarios involving intimacy more gradually, rather than jumping straight into highly distressing and potentially re-traumatizing situations.

How The Use of Social Media Is Used to Learn About the Transgender Experience

Colin Rubright, M.A.

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With the rise in popularity of the internet and social media throughout the 21st century, the online documentation of transgender individuals' gender journey has become increasingly common. As a result, transgender individuals have gained access to their peer's experiences and sometimes utilized this to inform or guide their own decision making. Furthermore, researchers have found ways to process this data using tools like artificial intelligence to gain insight into the transition experience. This poster will investigate the potential utility and dangers of social media and other online technologies being used in these ways.

Age Gap and Lesbian Relationships

Delia San Martino, M.A.

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The age gap in romantic relationships has been mostly studied as a heterosexual phenomenon, with a specific focus on older-man-younger-woman relationships (Lehmiller & Agnew, 2011). However, statistics reveal that age-dissimilar relationships may have been more prevalent among lesbians and gay men than straight couples (Lehmiller & Agnew 2011). Within the Queer population, lesbian relationships have historically been under-considered and under-analyzed due to the “elusive nature” (Doolin, 2010) of the lesbian community. Subsequently, there seems to be a need to further investigate the relational, cultural, and sociopolitical dynamics embedded in lesbian relationships displaying a significant age discrepancy. Hence, the present research will attempt to address the following domains related to the age gap in lesbian relationships: geo-socio-political factors, barrier to lesbian youth when seeking community (Doolin, 2010), lesbian approaches to dating and courtship (Rose et al., 2002), going “beyond the happy future” (Chen, 2023), issues of identity differentiation (Walsh, 2024), and age as a relational attractor (Chen, 2023).

Weaponizing Loneliness: How Social Media Feeds the Incel Pipeline

Lauren Scott, B.A.

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More and more young men are finding themselves identifying with incel and misogynistic culture in the digital space. When the algorithms push content that utilizes emotional manipulation and pseudoscience to the front of many young men’s screens, those seeking community and validation are especially vulnerable. The goal of this literature review is to explore this online ecosystem’s ability to attract and indoctrinate new members and its proclivity for dangerous rhetoric to thrive.

The Ethics of Ethical Porn

Molly Schwibinger, B.A.

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In recent years, there has been a growing movement toward consuming ethical porn—but what sets “ethical porn” apart from other porn? How do individuals navigate the decision-making process between paid, exclusive content and free, unmonetized alternatives? This literature review will explore existing literature on the definition of ethical porn and the key factors that *go into* choosing what to *get off* to.

A Phenomenological Exploration Of The Decoupling Of Gender & Sexual Behavior Within The Kink Community

Hana Simon, M.A.

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This work explores the relationship between kink, gender identity and sexual orientation. Specifically, the work aims to study factors that are related to the choosing of partners in the context of kink that extend beyond gender itself. The research behind this study addresses different factors related to the practice and culture of kink, as well as the stigma associated with the kink community. Themes that have emerged from the six (6) participants interviewed involve feeling that the kink community is a welcoming space to explore and be flexible with one’s sexuality, and that it allowed them to feel that they could define their gender more on their own terms rather than the norms prescribed by society, and that factors that determine who they choose to play within the context of kink extend beyond gender itself and have more to do with the roles within the specific kink scene.

Technological Innovations in Sexual Health: Enhancing Intimacy and Agency for People with Disabilities

Nikki Sharf, M.A.

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Sexuality is an integral part of the human experience, encompassing sex, gender identity, sexual orientation, pleasure, intimacy, and reproduction. Yet, people with disabilities (PwD) often face barriers to sexual expression due to physical, social, and attitudinal challenges. Emerging technological advancements are transforming the landscape of sexuality for PwD by addressing these barriers through inclusive and accessible innovations. Virtual reality enables immersive and judgment-free intimacy, AI companionship provides emotional and sexual support, adaptive sex toys offer solutions for physical limitations, and digital spaces foster peer support and sexual education. Together, these technologies empower PwD by promoting sexual agency and enhancing well-being. This poster presents a scoping review examining how these advancements are reshaping sexual experiences for PwD, with a focus on clinical implications for integrating technology into therapeutic practices, ethical concerns surrounding AI-driven intimacy, and future research directions to ensure equitable and sustainable development in this evolving area of sexual health.

Dating Developmentally Disabled: Online Dating Experiences of LGBTQ+ Emerging Adults with Disabilities

Ione Sobieski, B.S.

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Emerging adults with disabilities face unique challenges in dating and forming romantic relationships, with rates of first marriage significantly lower than their non-disabled peers. While online dating offers an opportunity for many adults with developmental disabilities to meet potential partners, it also perpetuates ableism, gender norms, and stereotypical ideas about attractiveness. Emerging adults with disabilities, particularly those who also identify as LGBTQ+, may experience compounded discrimination in these spaces. Despite the growing use of dating apps, such as Tinder and Bumble, to initiate romantic relationships, many users with disabilities must navigate the dilemma of concealing or revealing their impairments. Online platforms, while providing anonymity, can also amplify stigmas around disability and attractiveness, influencing users' mental health and perceptions of desirability. This poster presentation will explore the strengths and challenges of individuals with developmental disabilities navigating digital intimacy on online dating apps.

AI and Intimacy: A Current, Brief Review

Jon Sussman, M.S.

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This poster examines the transformative impact of artificial intelligence on intimate human interactions. It explores how AI systems simulate human-like emotional responses, creating a phenomenon of "pseudo-intimacy" (Wu, 2024) and an authenticity paradox where programmed outputs evoke genuine feelings (Sullins, 2012). The review synthesizes evidence showing that AI-augmented interventions, such as online cognitive behavioral therapy, effectively reduce symptoms of depression and anxiety (Lee et al., 2021). At the same time, the poster highlights risks including over-reliance on technology, maladaptive attachment styles, diminished interpersonal skills, reinforcement of social biases, and privacy concerns. Organized into sections covering the introduction, current landscape, results, and conclusions, this poster underscores the need for ethical safeguards and longitudinal research to ensure that AI enhances rather than undermines authentic human connection.

Exploring Online Dating Experiences of LGBTQ+ Emerging Adults with Autism Spectrum Disorder

Megan Thomason, B.A.

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This poster presentation reviews literature on the online dating experiences of LGBTQ+ emerging adults with autism spectrum disorder (ASD). Traditional in-person dating can be challenging for LGBTQ+ individuals due to stigma, safety concerns, and limited opportunities to meet people who share their identities and values. For those who are also diagnosed with ASD, additional barriers such as social communication differences and sensory sensitivities further complicate dating. Online dating can provide a safer and more accessible space for exploring identity and relationships, offering increased autonomy and reduced social pressure. This presentation highlights how digital spaces empower LGBTQ+ individuals with ASD in romantic relationships while also addressing potential risks and barriers. A holistic approach, incorporating biopsychosocial and cultural factors, will guide the discussion.

A Look into the Influence of Arranged Marriage Culture on American Desis' Use of Mobile Dating Applications.

Niti Vora, M.A.

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The purpose of this study is to investigate the impact of arranged marriage culture and lived experiences of the utilization of mobile dating apps among American South Asians. This study aims to explore how traditional values and cultural expectations surrounding arranged marriages influence the preferences, behaviors, and experiences of American South Asians when engaging with mobile dating platforms. By examining the intersection of arranged marriage traditions and modern dating practices through the lens of mobile technology, this research seeks to uncover insights into the adaptation and negotiation of cultural norms within the context of contemporary dating dynamics among American South Asians. This study will also provide insight for clinicians who work with American South Asians in the dating population in order to provide culturally competent care.

Barriers To Care: Systemic Racism in Black Women's Sexual and Reproductive Health

Morgan Watkins, M.A.

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Black women in the United States are facing serious physical and mental health crises due to systemic discrimination in reproductive and sexual healthcare services. Black women have faced reproductive and sexual injustices for centuries. Contemporary systemic racism compounds upon these historical foundations, further limiting Black women's access to care, quality education, insurance, and home environments, and perpetuating discriminatory policies at an institutional level. Interpersonally, implicit biases and individual provider prejudices, which are impacted by systems-level ideologies, further contribute to disparities in Black women's sexual and reproductive healthcare. In combination, these issues have influence elevated rates of maternal morbidity and mortality, STIs and STDs, and HIV. Race-based inequality such as this has been linked to a breadth of mental health difficulties, which have a bidirectional relationship with reproductive and sexual health. Addressing these inequalities requires both systemic and individual change and a dismantling of racist medical dogma.

Swipe Right! The Impact of Dating and Hookup Apps on Racial and Ethnic Minority Gay Male Users

Dylan Wijas, M.A.

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It is becoming increasingly popular to find a significant other or sexual partner on dating and hookup apps, especially for individuals with same-sex preferences. As a result, I will examine the intersection between dating and hookup app usage and gay males with intersecting racial or ethnic minority identities. Specifically, I will detail experiences of racism and fetishization that gay racial or ethnic minority males face and how they influence the mental health and well-being of these users. In addition, I will explore the protective factors that dating and hookup apps can provide for gay males with racial or ethnic minority intersecting identities.

Online Dating for Mental Health Clinicians

Thursday, March 27th Room 324 **FREE snacks!**

Using dating apps within the same network as potential clients raises unique challenges for mental health professionals. How much and what type of personal information is appropriate to share? What do you do if one of your matches inadvertently becomes a client? What if your matches intentionally seek you out for treatment? Join us for an open discussion regarding how to navigate tricky situations psychotherapists face when online dating. **Moderators:** Lily Kyriakides-Crowe is a first-year student in the Clinical PsyD program. She graduated from SMU in 2024 with Bachelor of Arts degrees in Psychology and Spanish and minors in Neuroscience, Cognitive Science, and Philosophy. Lauren Scott, B.A. is also a first-year student in the Clinical Psy.D. program. She graduated from Brandeis University with a B.A. In Health: Science, Society, and Policy in 2022.

FURTHER READING & VIEWING

Kinsey Institute 'Sex Tech' study finds technology facilitates sexual and emotional interactions

November 21, 2019

<https://kinseyinstitute.org/news-events/news/2019-11-21-sex-tech.php>

Addressing Stigmas and Assumptions About Camming with Dr. Braden Berkey

Life in Red, October 2023

<https://www.youtube.com/watch?v=q5Vs5titLHs>

What Is Sexting?

WebMD, December 2023

<https://www.webmd.com/sex/what-is-sexting>

Your Full Guide to Virtual Sex

mindbodygreen, September 2020

https://www.mindbodygreen.com/articles/virtual-sex-risks-and-tips?srltid=AfmBOooPBsnioPfa9fDKSwOOphFs8nLD0NiXnzloHgyJ_osh2pc_nwmy

Cybersex: Examples, Benefits, and Risks

verywellhealth, February 2025

<https://www.verywellhealth.com/cybersex-pros-cons-4800752>

peer-reviewed articles for further exploration

Beckmeyer, J. J. (2024). **Sexting and the dynamics of emerging adults' romantic partnerships.** *Sexuality & Culture: An Interdisciplinary Quarterly*, 28(2), 447–463. <https://doi.org/10.1007/s12119-023-10125-8>

Carvalho Nascimento, E. C., da Silva, E., & Siqueira-Batista, R. (2018). **The "Use" of Sex Robots: A Bioethical Issue.** *Asian bioethics review*, 10(3), 231–240. <https://doi.org/10.1007/s41649-018-0061-0>

Döring, N., Le, T., Vowels, L.M. *et al.* **The Impact of Artificial Intelligence on Human Sexuality: A Five-Year Literature Review 2020–2024.** *Curr Sex Health Rep* 17, 4 (2025). <https://doi.org/10.1007/s11930-024-00397-y>

Lafortune, D., Dion, L., & Renaud, P. (2020). **Virtual reality and sex therapy: Future directions for clinical research.** *Journal of Sex & Marital Therapy*, 46(1), 1–17. <https://doi.org/10.1080/0092623X.2019.1623357>

Weisskirch, R. S., Drouin, M., & Delevi, R. (2017). **Relational anxiety and sexting.** *Journal of Sex Research*, 54(6), 685–693. <https://doi.org/10.1080/00224499.2016.1181147>

RESOURCES

American Association of Sexuality Educators, Counselors and Therapists www.aasect.org

The Kinsey Institute www.kinseyinstitute.org

Sexuality Education Counselling and Consultancy Agency <https://www.secca.org.au/resources/>

PRIDE Queer Collective - a Chicago School Student Group

Interested in continuing to plan, organize, or participate in events related to sex and LGBTQIA+ topics? Please look join us to promote a culture of safety and acceptance of the LGBTQIA+ community at TCS, encourage discussion and education surrounding allyship with diverse communities, and act as a student voice of TCS administration to advocate for LGBTQIA+ student interests. Previous events have included PRIDE month socials, student and professor discussion panels, collaboration with the TCS Diversity & Action Board, and more.

PRIDE is currently interviewing incoming officers for the 2025- 2026 school year. For information on membership and leadership opportunities contact Nadine Kademoglou at nkademoglou@ego.thechicagoschool.edu



2025 Event Planning & Management

Jasmin Chamberlain, B.S. (she/her)
Lily Kyriakides-Crowe , B.A. (she/her)
Lynette Lewis , B.A. (she/her)
Ivan Mills, B.A. (she/her)
Lauren Scott, B.A. (she/her)
Jon Sussman M.S. (he/him)

PASD leadership

Braden Berkey, PsyD, CSE (he/him) Executive Director

Ashley Molin, PsyD. (she/her) Program Director

Daniel Warshawsky, B.A. (he/him)Social Media Manager

Special **THANKS** to our featured artists...

Alex Blom @alex.blom.studio alexblomart.com

Matthew Kaufman @mattkaufmanstudio <https://www.mattkaufmanstudio.com/>

Marisa Garlin @21st.centurygma

and

Robert Bartlett at BRB Design for construction of display figures



Projects Advancing Sexual Diversity applies the practice of psychology to further the understanding and acceptance of diverse sexual and gender identities, relationship structures, perspectives, practices and cultures. Utilizing innovative research and interventions, PASD strives to create sustainable change in conditions impacting the health and welfare of sexual, gender and relationship minority individuals, families and communities.

My notes on presentations and displays....